livable
your life your way

FAMILY & RELATIONSHIP SERVICES
GRAFTON
DECEMBER 2026

FREE EVENT
Refreshments provided

LIVABLE: 11 KEMP ST. GRAFTON

PARENTING THROUGH A NEURODIVERGENT LENS
1 DEC | 10AM - 12PM

Discover empowering parenting approaches that celebrate neurodiversity while nurturing your child's unique abilities.

BRINGING UP GREAT KIDS®
3 CONSECUTIVE TUESDAYS
1, 8 & 15 DEC | 2PM - 4PM

Learn practical parenting strategies that support your child's emotional wellbeing, resilience and healthy development in a safe, supportive group environment.

CREATING CHRISTMAS CONNECTION
2 CONSECUTIVE WEDNESDAYS
NEW!
2 & 9 DEC | 1PM - 3PM

Join us for a fun and interactive workshop where parents, carers and children come together to enjoy creative activities, strengthen relationships, and explore simple ways to build connection during the festive season.

SILENT THREAT: ARE YOUR KIDS SAFE?
3 DEC | 10AM - 12PM

Empower yourself with the knowledge and confidence to guide your child in today's digital world.

HOW TO TALK SO KIDS LISTEN
2 CONSECUTIVE THURSDAYS
3 & 10 DEC | 2PM - 4PM

Join our engaging workshop to discover practical strategies for effectively communicating with children and encouraging them to listen.

BULLYING
8 DEC | 10AM - 12PM

Discover how to recognise and support your child's wellbeing, confidence, and resilience in challenging situations.

123 MAGIC & EMOTION COACHING
2 CONSECUTIVE THURSDAYS
10 & 17 DEC | 10AM - 12PM

Discover how to manage challenging behaviour, build stronger relationships, and support children to understand their emotions using practical, easy-to-use strategies.

TODDLER TOOLBOX
15 DEC | 10AM - 12PM

Learn practical strategies to understand your toddler's behaviour, manage big emotions, and strengthen your relationship.

DADS AND KIDS
17 DEC | 2PM - 4PM

This workshop celebrates the important role fathers and father figures play in children's lives. Explore practical ways to strengthen connections, support your child's development, and create positive, lasting relationships.

BOOKINGS ESSENTIAL
1800 289 927 LIVABLE.ORG.AU/EVENTS

Livable Family and Relationship Services is funded by the Department of Social Services.