



PARENTING CHILDREN IMPACTED BY TRAUMA

Gain a deeper understanding of how trauma affects children and discover practical ways to build connection, resilience, and emotional safety within your family.

Parenting Children Impacted by Trauma supports parents and carers to understand how trauma can influence a child's behaviour, emotions, relationships, and development.

Through a trauma-informed approach, you'll learn practical strategies to strengthen connection, respond to challenging behaviours with confidence, support emotional regulation, and create a safe, nurturing environment where children can heal, grow, and thrive.

**Thursday
19 November
2pm - 4pm**

**At Livable:
11 Kemp St.
Grafton NSW**

Livable events are FREE and refreshments provided.



BOOKINGS ESSENTIAL

1800 289 927 [LIVABLE.ORG.AU/EVENTS](https://livable.org.au/events)

Livable Family and Relationship Services is funded by the Department of Social Services.

