livable
your life your way



PRACTICAL EMOTION COACHING FOR Dads

A practical, dad-focused session designed to help fathers apply emotion coaching in everyday situations and build a strong, lasting bond with their kids.

2 TUESDAYS
6 & 20 October
1 - 3 pm

At Interrelate:
24 Park Ave
Coffs Harbour

Livable events are **FREE** and refreshments are provided.

BOOKINGS ESSENTIAL

1800 289 927 LIVABLE.ORG.AU/EVENTS

Livable Family and Relationship Services is funded by the Department of Social Services.