



TODDLER TOOLBOX

Know exactly what to do the moment a tantrum hits!

Learn techniques on surviving the toddler years with the right tools to emotionally coach your child.

Understand the difference between meltdowns and tantrums and learn effective skills to remain calm during these tough times.

**Wednesday
21 October
9.30 - 11.30 am**

**At Livable:
Suite 2, 30A
Orlando Street
Coffs Harbour**

Livable events are **FREE** and refreshments are provided.



BOOKINGS ESSENTIAL

1800 289 927 **LIVABLE.ORG.AU/EVENTS**

Livable Family and Relationship Services is funded by the Department of Social Services.

