



SUDDENLY A PRIMARY CARER

Learn some practical skills to assist you if you are suddenly a primary carer.

This workshop will help you to learn practical strategies for the people who have suddenly become primary caregivers of children who have been affected by traumatic circumstances.

Learn how to empower yourself to navigate this new role and create a nurturing environment that supports children in your care.

**Wednesday
14 October
9.30 - 11.30 am**

**At Livable:
Suite 2, 30A
Orlando Street
Coffs Harbour**

Livable events are **FREE** and refreshments are provided.



BOOKINGS ESSENTIAL

1800 289 927 [LIVABLE.ORG.AU/EVENTS](https://www.livable.org.au/events)

Livable Family and Relationship Services is funded by the Department of Social Services.

