



# **TODDLER TOOLBOX**

**Know exactly what to do the moment a tantrum hits!**

Learn techniques on surviving the toddler years, with the right tools to emotionally coach your child.

Understand the difference between meltdowns and tantrums and learn effective skills to remain calm during these tough times.

**Thursday  
February 12  
12:30pm to 2:30pm**

**Livable  
Online:**

Livable events are **Free**



**BOOKINGS ESSENTIAL**

1800 289 927 [LIVABLE.ORG.AU/EVENTS](http://LIVABLE.ORG.AU/EVENTS)

Livable Family and Relationship Services is funded by the Department of Social Services.

