



ENGAGING ADOLESCENTS IN TOUGH CONVERSATION

Easy-to-use techniques to manage teenage behaviour problems and emotional reactions.

This workshop provides easy-to-use techniques to enlist adolescents to manage their own teenage behaviour problems and emotional reactions.

You will learn how to build a relationship with a teenager, help parents to build a relationship with their teenager, and strategies to deal with unacceptable behaviour.

2 CONSECUTIVE THURSDAYS
17 & 24 September
2 - 4pm

At Livable:
11 Kemp St.
Grafton NSW

Livable events are **Free** and refreshments are provided



BOOKINGS ESSENTIAL

1800 289 927 [**LIVABLE.ORG.AU/EVENTS**](https://www.livable.org.au/events)

Livable Family and Relationship Services is funded by the Department of Social Services.

