



# Circle of **SECURITY**PARENTING

**Imagine what it might feel like if you were able to make sense of what your child was really asking from you.**

Circle of Security Parenting empowers you to:

- Understand your child's emotional world.
- Learn to read their emotional needs.
- Support your child's ability to successfully manage emotions.
- Enhance the development of your child's self esteem.
- Trust your natural instincts to provide a secure foundation for your child.

**4 TUESDAY SESSIONS**

**March 10, 17, 24, 31**  
**10.30am - 1pm**

**At Treelands Drive  
Community Centre:  
24 Treelands Dr  
YAMBA NSW**

Livable events are **FREE** and refreshments are provided with free childcare on request.



**BOOKINGS ESSENTIAL**

**1800 289 927 [LIVABLE.ORG.AU/EVENTS](http://LIVABLE.ORG.AU/EVENTS)**

Livable Family and Relationship Services is funded by the Department of Social Services.

