



Circle of **SECURITY** PARENTING



Imagine what it might feel like if you were able to make sense of what your child was really asking from you.

Circle of Security Parenting empowers you to:

- Understand your child's emotional world.
- Learn to read their emotional needs.
- Support your child's ability to successfully manage emotions.
- Enhance the development of your child's self esteem.
- Trust your natural instincts to provide a secure foundation for your child.

7 WEDNESDAY SESSIONS

October 8, 13, 22, 29
November 5, 12, 19
10am - 12pm

AT LIVABLE
11 KEMP ST
GRAFTON

Livable events are **FREE** and refreshments are provided with free childcare on request.



BOOKINGS ESSENTIAL

1800 289 927 **LIVABLE.ORG.AU/EVENTS**

Livable Family and Relationship Services is funded by the Department of Social Services.

