



Circle of **SECURITY** PARENTING



Imagine what it might feel like if you were able to make sense of what your child was really asking from you.

Circle of Security Parenting empowers you to:

- Understand your child's emotional world.
- Learn to read their emotional needs.
- Support your child's ability to successfully manage emotions.
- Enhance the development of your child's self esteem.
- Trust your natural instincts to provide a secure foundation for your child.

4 THURSDAY SESSIONS

**March 12, 19, 26
April 2**

10am - 12:30pm

At Livable:
**11 Kemp Street
Grafton NSW**

Livable events are **FREE** and refreshments are provided with free childcare on request.



BOOKINGS ESSENTIAL

1800 289 927 [LIVABLE.ORG.AU/EVENTS](https://www.livable.org.au/events)

Livable Family and Relationship Services is funded by the Department of Social Services.

