



Circle of **SECURITY** PARENTING



Imagine what it might feel like if you were able to make sense of what your child was really asking from you.

Circle of Security Parenting empowers you to:

- Understand your child's emotional world.
- Learn to read their emotional needs.
- Support your child's ability to successfully manage emotions.
- Enhance the development of your child's self esteem.
- Trust your natural instincts to provide a secure foundation for your child.

3 CONSECUTIVE WEDNESDAYS

**4, 11 & 18
November
2pm - 4pm**

**At Livable:
11 Kemp Street
Grafton NSW**

Livable events are **free** and refreshments are provided.



BOOKINGS ESSENTIAL

1800 289 927 **LIVABLE.ORG.AU/EVENTS**

Livable Family and Relationship Services is funded by the Department of Social Services.

