

Advocating Postive Parenting

Build a healthy relationship with your child, based on empathy, respect, understanding and boundaries.

Learn how to raise confident, independent and happy children by breaking free from unrealistic expectations of perfection by exploring mindful strategies and practical tools.

TUESDAY 6TH OCTOBER
10AM -12 PM

At Livable:
11 Kemp St.
Grafton NSW

Livable events are FREE and childcare is available at no cost.

BOOKINGS ESSENTIAL

1800 289 927 LIVABLE.ORG.AU/EVENTS

Livable Family and Relationship Services is funded by the Department of Social Services.