livable
your life your way

COSP

ACCREDITED
CERTIFIED PROGRAM
FACILITATORS

Circle of SECURITY PARENTING

Imagine what it might feel like if you were able to make sense of what your child was really asking from you.

Circle of Security Parenting empowers you to:

- Understand your child's emotional world.
- Learn to read their emotional needs.
- Support your child's ability to successfully manage emotions.
- Enhance the development of your child's self esteem.
- Trust your natural instincts to provide a secure foundation for your child.

3 CONSECUTIVE WEDNESDAYS

23 & 30 September
7 October
10am - 12pm

At Livable:
Suite 2, 30A Orlando Street Coffs Harbour

Livable events are **FREE** and refreshments are provided.

BOOKINGS ESSENTIAL

1800 289 927 LIVABLE.ORG.AU/EVENTS

Livable Family and Relationship Services is funded by the Department of Social Services.