



Parenting with your EX

**Navigating Co-Parenting with Your Ex:
Establishing Clear Boundaries for a Positive
Family Relationship**

Join our workshop to discover effective communication methods, clarify shared responsibilities, and reach a joint understanding of what mutual respect truly means.

Together, we will give you the strategies to create a nurturing environment for your children.

2 CONSECUTIVE TUESDAYS

20 & 27 October

1pm -3pm

At Livable:
11 Kemp Street
Grafton NSW

Livable events are FREE and
refreshments provided



BOOKINGS ESSENTIAL

1800 289 927 [LIVABLE.ORG.AU/EVENTS](https://www.livable.org.au/events)

Livable Family and Relationship Services is funded by the Department of Social Services.

