livable
your life your way

WHAT ARE YOU LOOKIN' AT?

3 CONSECUTIVE WEDNESDAYS

MARCH 20 & 27
APRIL 3

10 AM - 12:30 PM

AT LIVABLE:
11 KEMP ST.
GRAFTON NSW

Livable events are FREE to attend and childcare is available.

Unlock the keys to emotional understanding!

This event will provide valuable insights into the complexities of anger in both children and caregivers. Dive into the positive and negative aspects of this emotion, learning how to navigate it confidently to foster a calmer and more harmonious home.

Refreshments provided.

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BOOKINGS ESSENTIAL
1800 289 927
LIVABLE.ORG.AU/EVENTS

Livable Family and Relationship Services is funded by the Department of Social Services.