



TODDLER TOOLBOX

Know exactly what to do the moment a tantrum hits!

Learn techniques on surviving the toddler years, with the right tools to emotionally coach your child.

Understand the difference between meltdowns and tantrums and learn effective skills to remain calm during these tough times.

**Tuesday
February 10
10am to 12:30pm**

**At Livable
11 Kemp st
Grafton NSW**

Livable events are **Free** and refreshments provided



BOOKINGS ESSENTIAL

1800 289 927 [**LIVABLE.ORG.AU/EVENTS**](https://livable.org.au/events)

Livable Family and Relationship Services is funded by the Department of Social Services.

