



PARENTING AFTER family VIOLENCE

**Build strong, positive relationships
with your children.**

This program helps parents and carers of children who have experienced family violence to:

- Understand how family violence affects parents' relationships with their children.
- Learn about brain development in children and how this influences their thoughts, feelings and behaviour.
- Discover ways parents and carers can take care of themselves.



2 CONSECUTIVE FRIDAYS

**20 & 27
November
10am - 12pm**

**At Livable:
11 Kemp Street
Grafton NSW**

Livable events are free and refreshments provided.



BOOKINGS ESSENTIAL

1800 289 927 [LIVABLE.ORG.AU/EVENTS](https://livable.org.au/events)

Livable Family and Relationship Services is funded by the Department of Social Services.

