



managing **BIG** behaviours

Tune in to your child's emotions and help them manage their behaviour.

This event helps parents and caregivers understand big behaviours in children. It covers a variety of topics including what may trigger problem behaviour, how to tune in to your child's emotions and how to help them express themselves effectively.

**Monday
16 February
10am-12:30pm**

**At Livable:
11 Kemp st
Grafton NSW**

Livable events are **FREE** and refreshments provided



BOOKINGS ESSENTIAL

1800 289 927 [LIVABLE.ORG.AU/EVENTS](https://livable.org.au/events)

Livable Family and Relationship Services is funded by the Department of Social Services.

