



Bringing up Great Kids

This two-session reflective parenting program is designed to empower parents and caregivers with invaluable insights and strategies for raising happy, confident, and independent children.

Join us as we delve into the art of effective communication, positive discipline techniques, building resilience, and fostering healthy relationships. Gain practical tools and expert guidance that will make a lasting impact on your parenting journey.

2 CONSECUTIVE THURSDAYS
8 & 15 October
10am - 12pm

At Livable:
11 Kemp St.
Grafton NSW

Livable events are FREE and light refreshments included.



BOOKINGS ESSENTIAL

1800 289 927 **LIVABLE.ORG.AU/EVENTS**

Livable Family and Relationship Services is funded by the Department of Social Services.

