



BUILDING STRONG BLENDED FAMILIES

Blending families can be both rewarding and challenging. This practical and supportive workshop is designed to help parents and caregivers navigate the unique dynamics of stepfamilies and blended family life.

Across two interactive sessions, participants will explore ways to build positive relationships, strengthen communication, manage conflict, support children through change, and create a strong sense of belonging for all family members.

Join us to gain valuable insights, practical strategies, and greater confidence in building a connected and resilient blended family.

2 CONSECUTIVE THURSDAYS

15 & 22 October
1 - 3pm

At Livable:
11 Kemp St.
Grafton NSW

Livable events are **Free** and refreshments are provided



BOOKINGS ESSENTIAL

1800 289 927 [**LIVABLE.ORG.AU/EVENTS**](https://livable.org.au/events)

Livable Family and Relationship Services is funded by the Department of Social Services.

