



TUNING IN TO KIDS

The program enhances parents' understanding of their kids emotional experiences while teaching them supportive and empathic skills to stay connected.

The program provides parents and carers with a greater understanding of their kids emotional experiences while teaching specific skills that can assist in being supportive, empathic and staying connected with the young person.

2 CONSECUTIVE WEDNESDAYS

9 & 16 September
9:30am - 12:30pm

At Livable:
11 Kemp St.
Grafton NSW

Livable events are **Free** and refreshments are provided



BOOKINGS ESSENTIAL

1800 289 927 LIVABLE.ORG.AU/EVENTS

Livable Family and Relationship Services is funded by the Department of Social Services.

