



SLEEPING +SETTLING

Grafton

**TUESDAY
SEPTEMBER 20
10 AM - 12:30 PM**

**AT LIVABLE:
11 KEMP ST.
GRAFTON NSW**

Livable events are FREE
and childcare is available
at no cost.

Livable Family and Relationship Services is funded
by the Department of Social Services.

What every parent wants
to know! Understanding and
supporting your baby's sleep needs.

Livable and Tresillian have teamed
up to deliver an informative event for
parents of newborns and infants. This
event is ideal for those who would like to
learn more about infant sleep patterns,
babies' cues and communication, and
options for helping your baby settle to
sleep.

Refreshments provided.

livable
your life your way

**BOOKINGS
ESSENTIAL**

REGISTER ONLINE
LIVABLE.ORG.AU/EVENTS
OR CALL **1800 289 927**