

# PARENTING Fears & Worries

**WEDNESDAY  
MARCH 30  
10 - 12:30 PM**

**YAMBA TREELANDS  
DRIVE COMMUNITY  
CENTER**

Livable events are **FREE** to attend  
and childcare is available.

Bookings are essential.

Livable Family and Relationship Services is funded  
by the Department of Social Services.

Does your child suffer from  
fears and worries that  
affect their behaviour or  
keep them awake at night?

Join us in Yamba to discuss some  
parenting tips that may help you  
support your child.