

## FAMILY & RELATIONSHIP SERVICES TERM 4, 2025 EVENTS

Livable events  
are **FREE** and  
refreshments  
provided.

### GRAFTON

LIVABLE: 11 KEMP ST.

#### CIRCLE OF SECURITY PARENTING

7 SESSIONS | 10AM - 12PM

8, 15, 22, 29 OCTOBER  
5, 12, 19 NOVEMBER

Read your child's emotional needs and  
enhance their self esteem.



#### PARENTING THRU A NEURODIVERGENT LENS

23 OCTOBER | 10AM - 12:30PM

Discover empowering parenting approaches  
that celebrate neurodiversity while nurturing  
your child's unique abilities.

#### ADVOCATING POSITIVE PARENTING

2 SESSIONS

6 & 13 NOVEMBER | 10AM - 12PM

Build a healthy relationship with your child,  
based on empathy, respect, understanding  
and boundaries.

#### MANAGING BIG BEHAVIOURS

20 NOVEMBER | 10AM - 12:30PM

Understanding big behaviours in your child by  
tuning into their emotions to help them express  
themselves

#### THE SILENT THREAT: ARE YOUR KIDS SAFE?

11 DECEMBER | 10AM - 12PM

Discover essential strategies to safeguard your  
child's screen time, empowering you to set firm  
informed boundaries

#### JOLLY HANDS HAPPY HEARTS

10 DECEMBER | 10AM - 12:30PM

Get festive and creative with your kid at our Christmas  
workshop—design your own wrapping paper or gift bag  
and make memories that sparkle!

### ONLINE

#### PARENTING THRU A NEURODIVERGENT LENS

16 OCTOBER | 12:30 - 2:30PM

Discover empowering parenting approaches  
that celebrate neurodiversity while nurturing  
your child's unique abilities.

#### KEEP CALM 'N' STRESS LESS

28 OCTOBER | 12:30 - 2:30PM

Effective strategies for open communication and  
stronger relationships during stressful times.

#### MANAGING BIG BEHAVIOURS

17 NOVEMBER | 12:30 - 2:30PM

Understand big behaviours in your child by tuning into  
their emotions to help them express themselves.

#### TODDLER TOOLBOX

8 DECEMBER | 10AM - 12PM

Survive the toddler years with the right tools  
to emotionally coach your child.



### BOOKINGS ESSENTIAL

1800 289 927 [LIVABLE.ORG.AU/EVENTS](https://livable.org.au/events)

Livable Family and Relationship Services is funded by the Department of Social Services.

